Ergonomics	The discipline concerned with the understanding of
	interactions between humans and other elements of a system,
	and the profession that applies theory, principles, data, and
	methods to design in order to optimize human well-being and
	overall system performance. Ergonomists contribute to the
	design and evaluation of tasks, jobs, products, environments
	and systems in order to make them compatible with the
	needs, abilities and limitations of people.

.